

Knowledge Base

Author(s): Leah Willis

Context: The goal behind the knowledge base was for students to demonstrate their understanding of the different types of learning theories and the corresponding instructional design theories. The class focused on the three types of learning theories which are behaviorism, cognitivism, and social learning.

IDD&E Phases: These assignments focused on the design and development of the IDD&E components. These two phases ensured that students understood the materials by designing and developing new infographics that conveyed each learning theory and its instructional design theory.

Reflection and Self-Assessment: After completing the projects within this class, I found that I am more aware of my personal learning preferences. Although I originally chose Social Learning Theory as my preferred learning method, I now realized that I require a mixture of both Social Learning Theory and Cognitivism. Both theories complement each other and help me engage more deeply with the learning process. Social Learning Theory allows me to learn through observation, collaboration, and modeling, especially when working in group settings or watching peers demonstrate a task. However, Cognitivism helped me to structure and internalize information through mental frameworks, reflection, and problem-solving strategies. Together, they provide a balanced approach that supports both my interpersonal learning style and my need for organized, meaningful processing of content. This realization has not only enhanced my self-

awareness as a learner but has also encouraged me to seek out diverse instructional strategies that cater to both theoretical perspectives.